

Melrose Boot Camp - Lynnfield Women's Boot Camp in partnership with ML Athletics	
Outdoors / Indoors?	Indoors
Indoor Location	North Shore Martial Arts, 427 Main Street (Rear) Melrose, MA
Class Days	Mondays, Wednesdays, & Fridays
Times	8:45 – 9:45 am
Melrose Boot Camp Programs	<p>Runs on a 4-5 week schedule and rate does not change due to number of weeks in monthly cycle. We do not charge you more for the added 5th week! Starts September 13, 2010!</p> <p>3 Day Per Week, 3 Month Program</p> <p>\$ 150.00 Per Month</p> <p>3 Day Per Week Month to Month Plan</p> <p>\$175.00 Per Month</p> <p>To register or for more info, email Rebecca@lynnfieldbootcamp.com</p>
Instructor/s	Co-Trained by Rebecca LeSaffre & Michael LoColle